



**TRYOUTS AND TEAM PLACEMENTS ARE DONE ON AN INDIVIDUAL BASIS.**  
 For more information or registration, please call 678-442-7946 or email Scot Davis: [scot@swimatlanta.com](mailto:scot@swimatlanta.com). Swimmers must be able to swim all four (4) strokes. Evaluated swimmers may complete the online registration or any questions about registration or your existing account, please email **Caleb Weir** at [swimteamaccounts@swimatlanta.com](mailto:swimteamaccounts@swimatlanta.com)

## Sugarloaf Practice Schedule for Fall 2025-Spring 2026

*Fall Practice begins on August 18<sup>th</sup> 2025*

**TIER 1 registration fee is \$225** (\$115, after Jan 1). \*Nine (9) monthly tuition payments cover twelve (12) months of membership.

<b>SELECT</b> \$427*	Designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving national level status.					
Coach Chris Sr.	M 2:45-4:45 PM	TU 2:45-4:45 PM	W 2:45-4:45 PM	TH 2:45-4:45 PM	F 2:45-4:45 PM	SA 7:00-9:00 AM
<b>PRE-SELECT</b> \$404*	Designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving state/national level status.					
Coach Chris	M 2:45-4:45 PM	TU 2:45-4:45 PM	W 2:45-4:45 PM	TH 2:45-4:45 PM	F 2:45-4:45 PM	SA 7:00-9:00 AM
<b>SENIOR 1</b> \$392*	Designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices.					
Coach Scot	M 4:00-6:45 PM	TU 4:00-6:45 PM	W 4:00-6:45 PM	TH 4:00-6:45 PM	F 4:00-6:00 PM	SA 8:00-9:30 AM
<b>SENIOR</b> \$350*	Provides the opportunity for more advanced high school or older swimmers to move up to senior level swimming. Focus on endurance and speed with an emphasis on technique. Swim meets are encouraged.					
Coach Scot	M 2:45-4:15 PM	TU 2:45-4:15 PM	W 2:45-4:15 PM	TH 2:45-4:15 PM	F 2:45-4:15 PM	SA 9:00-10:30 AM
<b>PRE-SENIOR</b> \$350*	Provides the opportunity for middle school students a more challenging practice to improve their skills more rapidly. A focus on technique with starts and turns emphasized. Meet participation is encouraged.					
Coach Scot	M 6:45-8:15 PM	TU 6:45-8:15 PM	W 6:45-8:15 PM	TH 6:45-8:15 PM	F 6:00-7:30	SA 9:00-10:30 AM
<b>AGE GROUP</b> \$367*	Provides the committed and motivated young swimmers an opportunity to practice more and improve more rapidly. Swim meets are mandatory.					
Coach Chris	M 5:00-7:30 PM	TU 5:00-7:00 PM	W 5:00-7:30 PM	TH 5:00-7:00 PM	F 5:00-7:30 PM	SA 8:00-9:30 AM
<b>DIAMOND</b> \$353*	Provides seriously committed young swimmers an opportunity to practice and improve more rapidly. A focus on endurance and technique while introducing higher level competition. Meet participation is encouraged.					
Coach Catherine	M 6:00-7:30 PM	TU 6:00-7:30 PM	W 6:00-7:30 PM	TH 6:00-7:30 PM	F 5:00-6:30 PM	SA 9:00-10:30 AM
<b>GOLD</b> Coach Zada	Offers swimmers ages 12-15 an opportunity to improve stroke and turn techniques. Introducing conditioning, while maintain a focus on stroke techniques. Meet participation is encouraged.					
<b>GOLD 1</b> \$350*	M 6:45-8:15 PM	TU 6:45-8:15 PM	W 6:45-8:15 PM	TH 6:45-8:15 PM	F 6:00-7:30 PM	SA 9:00-10:30 AM
<b>GOLD 2</b> \$227*	M 6:45-8:15 PM		W 6:45-8:15 PM			
<b>GOLD 3</b> \$227*		TU 6:45-8:15 PM		TH 6:45-8:15 PM		
<b>Gold Saturday</b> \$108*						SA 9:00-10:30 AM
<b>SILVER</b> Coach Maya	Provides more advanced young swimmers an opportunity to improve stroke and turn techniques. Endurance training is introduced with the emphasis on technique. Meet participation is encouraged.					
<b>SILVER 1</b> \$279*	M 7:00-8:15 PM	TU 7:00-8:15 PM	W 7:00-8:15 PM	TH 7:00-8:15 PM	F 6:00-7:15 PM	SA 10:30-11:45 AM
<b>SILVER 2</b> \$182*	M 7:00-8:15 PM		W 7:00-8:15 PM		F 6:00-7:15 PM	
<b>SILVER 3</b> \$182*		TU 7:00-8:15 PM		TH 7:00-8:15 PM		SA 10:30-11:45 AM
<b>Silver Saturday</b> \$108*						SA 10:30-11:45 AM

**TIER 2 registration fee is \$115.** \*Nine (9) monthly tuition payments cover twelve (12) months of membership.



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<b>BRONZE</b> Coach Maya	An intermediate level practice group that introduces swimmers to conditioning methods, with a large focus on technique in all aspects of the sport. Meet participation is recommended.					
<b>BRONZE 1</b> \$255*	M 5:45-6:45 PM	TU 5:45-6:45 PM	W 5:45-6:45 PM	TH 5:45-6:45 PM	F 5:00-6:00 PM	SA 10:30-11:30 AM
<b>BRONZE 2</b> \$151*		TU 5:45-6:45 PM		TH 5:45-6:45 PM		SA 10:30-11:30 AM
<b>Bronze Saturday</b> \$76*						SA 10:30-11:30 AM
<b>BLUE</b> Coaches Maya and Jenna	For swimmers who are comfortable with the four strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is highly recommended with swimmers being invited to local USA Swimming meets.					
<b>BLUE 1</b> \$198*	M 5:00-5:45 PM	TU 4:15-5:00 PM	W 5:00-5:45 PM	TH 4:15-5:00 PM	F 4:15-5:00 PM	SA 11:45 AM-12:30 PM
<b>BLUE 2</b> \$91*	M 5:00-5:45 PM		W 5:00-5:45 PM			
<b>BLUE 3</b> \$58*			W 5:00-5:45 PM			
<b>Blue Saturdays</b> \$58*						SA 11:45 AM-12:30 PM
<b>RED</b> Coaches Maya and Jenna	Designed to start elementary age swimmers into the sport of swimming. Focus is on basic swimming techniques in a rewarding and positive environment. SwimAtlanta Splash meet participation is encouraged.					
<b>RED 1</b> \$152*	M 4:15-5:00 PM	TU 5:00-5:45 PM	W 4:15-5:00 PM	TH 5:00-5:45 PM	F 4:15-5:00 PM	SA 11:45 AM-12:30PM
<b>RED 2</b> \$91*		TU 5:00-5:45 PM		TH 5:00-5:45 PM		
<b>RED 3</b> \$58*		TU 5:00-5:45 PM				
<b>Red Saturdays</b> \$58*						SA 11:45 AM-12:30 PM

\*Fees: Nine (9) monthly tuition installments cover twelve (12) months of membership.

<b>PLATINUM</b> \$152*	HOMESCHOOL: Provides advanced and seriously committed swimmers an opportunity to improve more rapidly. <i>Saturday Homeschool practices are combined with our regular swim team.</i>					
Coach Maya	M 1:30-2:45 PM		W 1:30-2:45 PM		F 1:30-2:45 PM	SA TBA
<b>WHITE 2</b> \$129*	HOMESCHOOL: An intermediate level that improves stroke and turn techniques as well as introduces swimmers to conditioning techniques. <i>Saturday Homeschool practices are combined with our regular swim team.</i>					
Coach Maya	M 1:30-2:30 PM		W 1:30-2:30 PM		F 1:30-2:30 PM	SA TBA
<b>WHITE 1</b> \$113*	HOMESCHOOL: A beginning level designed to start young swimmers into the sport of swimming, emphasizing stroke and turn techniques. <i>Saturday Homeschool practices are combined with our regular swim team.</i>					
Coach Maya	M 1:30-2:15 PM		W 1:30-2:15 PM		F 1:30-2:15 PM	SA TBA

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<b>MASTERS</b> \$102*	ADULT SWIM TEAM: Provides coach-led practices for fitness, tri-athlete, and competition swimmers.					
Coach Scot	M 12:00-1:00 PM	TU 12:00-1:00 PM	W 12:00-1:00 PM	TH 12:00-1:00 PM	F 12:00-1:00 PM	



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