



# HOMESCHOOL P.E. IN THE POOL

Admission

**\$10/class**



Our Homeschool P.E. In the Pool class is designed for students to come have fun swimming and exercising in the pool no matter what the weather is outside. The structure of the class is different than our traditional classes.

Our P.E. In The Pool class is a hour of skills, drills and games. Actual stroke instruction will be provided but limited. The goal is to build up swimming endurance (great for those doing summer leagues!) improve strokes but most of all to have fun in the water so exercise feels fun!

If you're looking for your child to learn specific strokes and swimming skills please sign up for a regular class.

The structure and activities of the class will change week to week to keep the kids interested in swimming.

We are currently offering this class on Mondays & Tuesdays 1pm-2pm, Thursdays 2-3pm and Fridays 11:30am-12:30pm in our lap pool with some special games/play time at the end of the class in our small and much warmer pool! \$10/class

#### Requirements:

All ages welcome but need to be able to swim independently.  
Stroke knowledge not necessary but we will be working on all 4 strokes (freestyle, backstroke, Breaststroke and Butterfly)

If you have little ones who cannot swim independently, we are offering parents the opportunity for a Littles Water Play time in our small heated pool from the same times 2-3pm. \$5/family

Parent required to be in the water assisting child (max depth 4ft). There will be no instructor for this time.

**More Information**

678-889-2039 [heather@swimatlanta.com](mailto:heather@swimatlanta.com)