



TRYOUTS AND TEAM PLACEMENTS ARE DONE ON AN INDIVIDUAL BASIS.

For new swimmer group placement, please call 678-442-7946 or email Scot Davis: scot@swimatlanta.com. Swimmers must be at least six (6) years old and able to swim all four (4) strokes. For any questions about registration or your existing account, please email Caleb Weir at swimteamaccounts@swimatlanta.com

Sugarloaf Practice Schedule for Fall 2023-Spring 2024 *Fall Practice begins on August 14th 2023*

Tier 1 registration fee is **\$225**. Coach evaluated swimmers may complete the online registration process www.swimatlanta.com

SELECT \$375*	Designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving national level status.					
Coach Chris Sr.	M 2:45-4:45 PM	TU 2:45-4:45 PM	W 2:45-4:45 PM	TH 2:45-4:45 PM	F 2:45-4:45 PM	SA 7:00-9:00 AM
PRE-SELECT \$353*	Designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving state/national level status.					
Coach Jackson	M 2:45-4:45 PM	TU 2:45-4:45 PM	W 2:45-4:45 PM	TH 2:45-4:45 PM	F 2:45-4:45 PM	SA 7:00-9:00 AM
SENIOR 1 \$342*	Designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices.					
Coach Scot	M 4:00-6:45 PM	TU 4:00-6:45 PM	W 4:00-6:45 PM	TH 4:00-6:45 PM	F 4:00-6:45 PM	SA 7:00-9:00 AM
SENIOR \$306*	Provides the opportunity for more advanced high school or older swimmers to move up to senior level swimming. Focus on endurance and speed with an emphasis on technique. Swim meets are encouraged.					
Coach Scot	M 2:45-4:15 PM	TU 2:45-4:15 PM	W 2:45-4:15 PM	TH 2:45-4:15 PM	F 2:45-4:15 PM	SA 9:00-10:30 AM
PRE-SENIOR \$306*	Provides the opportunity for middle school students a more challenging practice to improve their skills more rapidly. A focus on technique with starts and turns emphasized. Meet participation is encouraged.					
Coach Scot	M 6:45-8:15 PM	TU 6:45-8:15 PM	W 6:45-8:15 PM	TH 6:45-8:15 PM	F	SA 9:00-10:30 AM
AGE GROUP \$321*	Provides the committed and motivated young swimmers an opportunity to practice more and improve more rapidly. Swim meets are mandatory.					
Coach Chris	M 5:00-7:30 PM	TU 5:00-7:00 PM	W 5:00-7:30 PM	TH 5:00-7:00 PM	F 5:00-7:30 PM	SA 7:00-9:00 AM
DIAMOND \$308*	Provides seriously committed young swimmers an opportunity to practice and improve more rapidly. A focus on endurance and technique while introducing higher level competition. Meet participation is encouraged.					
Coach Catherine	M 6:45-8:15 PM	TU 6:45-8:15 PM	W 6:45-8:15 PM	TH 6:45-8:15 PM	F 5:00-6:30 PM	SA 9:00-10:30 AM
GOLD Coach Harrison	Offers swimmers ages 12-15 an opportunity to improve stroke and turn techniques. Introducing conditioning, while maintain a focus on stroke techniques. Meet participation is encouraged.					
GOLD \$306*	M 6:45-8:15 PM	TU 6:45-8:15 PM	W 6:45-8:15 PM	TH 6:45-8:15 PM	F 6:00-7:00 PM	SA 9:00-10:30 AM
Gold Saturday \$94*						SA 9:00-10:30 AM
SILVER Coach Jackson	Provides more advanced young swimmers an opportunity to improve stroke and turn techniques. Endurance training is introduced with the emphasis on technique. Meet participation is encouraged.					
SILVER 1 \$244*	M 7:00-8:15 PM	TU 7:00-8:15 PM	W 7:00-8:15 PM	TH 7:00-8:15 PM	F 7:00-8:15 PM	SA 10:30-11:45 AM
SILVER 2 \$159*	M 7:00-8:15 PM		W 7:00-8:15 PM			SA 10:30-11:45 AM
Silver Saturday \$94*						SA 10:30-11:45 AM

*Fees: Nine (9) monthly tuition installments cover twelve (12) months of membership.

MASTERS \$89 per month	Adult swim team with organized practices led by a coach. Fitness, triathlete, competitive and non-competitive.					
Coach Scot	M 12:00-1:00 PM	TU 12:00-1:00 PM	W 12:00-1:00 PM	TH 12:00-1:00 PM	F 12:00-1:00 PM	



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Tier 2 registration fee is **\$99**. Coach evaluated swimmers may complete the online registration process www.swimatlanta.com

BRONZE Coaches Harrison/Catherine	An intermediate level practice group that introduces swimmers to conditioning methods, with a large focus on technique in all aspects of the sport. Meet participation is recommended.					
BRONZE 1 \$222*	M 5:45-6:45 PM	TU 5:45-6:45 PM	W 5:45-6:45 PM	TH 5:45-6:45 PM	F 5:00-6:15 PM	SA 10:30-11:45 AM
BRONZE 2 \$132*		TU 5:45-6:45 PM		TH 5:45-6:45 PM		SA 10:30-11:45 AM
Bronze Saturday \$66*						SA 10:30-11:45 AM
BLUE Coaches Harrison/Lynda	For swimmers who are comfortable with the four strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is highly recommended with swimmers being invited to local USA Swimming meets.					
BLUE 1 \$173*	M 5:00-5:45 PM	TU 4:15-5:00 PM	W 5:00-5:45 PM	TH 4:15-5:00 PM	F 4:15-5:00 PM	SA 11:45 AM-12:30 PM
BLUE 2 \$79*	M 5:00-5:45 PM		W 5:00-5:45 PM			
BLUE 3 \$50*			W 5:00-5:45 PM			
Blue Saturdays \$50						SA 11:45 AM-12:30 PM
RED Coaches Harrison/Lynda	Designed to start elementary age swimmers into the sport of swimming. Focus is on basic swimming techniques in a rewarding and positive environment. SwimAtlanta Splash meet participation is encouraged.					
RED 1 \$133*	M 4:15-5:00 PM	TU 5:00-5:45 PM	W 4:15-5:00 PM	TH 5:00-5:45 PM	F 4:15-5:00 PM	SA 11:45 AM-12:30PM
RED 2 \$79*		TU 5:00-5:45 PM		TH 5:00-5:45 PM		
RED 3 \$50*		TU 5:00-5:45 PM				
Red Saturdays \$50*						SA 11:45 AM-12:30 PM

*Fees: Nine (9) monthly tuition installments cover twelve (12) months of membership.

PLATINUM \$133*	HOMESCHOOL: Provides advanced and seriously committed swimmers an opportunity to improve more rapidly. <i>Saturday Homeschool practices are combined with our regular swim team.</i>					
Coaches Nealson/Harrison	M 1:30-2:45 PM		W 1:30-2:45 PM		F 1:30-2:45 PM	SA TBA
WHITE 2 \$113*	HOMESCHOOL: An intermediate level that improves stroke and turn techniques as well as introduces swimmers to conditioning techniques. <i>Saturday Homeschool practices are combined with our regular swim team.</i>					
Coaches Nealson/Harrison	M 1:30-2:30 PM		W 1:30-2:30 PM		F 1:30-2:30 PM	SA TBA
WHITE 1 \$99*	HOMESCHOOL: A beginning level designed to start young swimmers into the sport of swimming, emphasizing stroke and turn techniques. <i>Saturday Homeschool practices are combined with our regular swim team.</i>					
Coaches Nealson/Harrison	M 1:30-2:15 PM		W 1:30-2:15 PM		F 1:30-2:15 PM	SA TBA

*Fees: Nine (9) monthly tuition installments cover twelve (12) months of membership.