



SwimAtlanta - Johns Creek

2024 - 2025 Practice Schedule and Fees
(Pay 9 months, get 3months free. No contract.)

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition
Senior Select	For serious senior level swimmers at the National, Sectional, and State level. Drylands directed by the coaching staff. Meet participation is required.	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	7:30 to 9:30am	\$399 per month
Senior I	For advanced & committed swimmers who have mastered stroke techniques, starts, turns and are prepared to begin advanced training methods. Meet participation is required, with 1-3 of them a year being out of town.	5:00 to 6:45pm	5:00 to 6:45pm	5:00 to 6:45pm	5:00 to 6:45pm	5:30 to 7:15am	7:30 to 9:30am	\$340 per month
Senior Gold	For highly committed swimmers who excel in the four competitive strokes and demonstrate a strong work ethic in advanced stroke techniques, starts, turns, and conditioning. This group is for those ready to take their performance to the next level, with an emphasis on intensive training, strategic development, and high-level meet participation. Swimmers are expected to maintain excellent attendance, meet specific time standards, and participate in all team meets, including travel meets.	6:45 to 8:15pm	6:45 to 8:15pm	6:45 to 8:15pm	6:45 to 8:15pm		9:30 to 11:00am	\$326 per month
Senior Silver	For dedicated swimmers who are confident with the four competitive strokes and are eager to enhance their skills in stroke techniques, starts, turns, and conditioning. This group focuses on building a strong foundation for competitive swimming, with an emphasis on consistent improvement, teamwork, and participation in local and regional meets. Swimmers are encouraged to maintain good attendance and actively participate in team meets to foster their development and competitive spirit.	8:15 to 9:30pm	8:15 to 9:30pm	8:15 to 9:30pm	8:15 to 9:30pm		9:30 to 11:00am	\$309 per month
Senior 2	Provides swimmers an opportunity to practice more in an atmosphere in which to sharpen their physical fitness and practice technique to excel in High School swimming.	8:30 to 9:30pm	8:30 to 9:30pm	8:30 to 9:30pm	8:30 to 9:30pm			\$280 per month
Advance Age Group	Designed for middle school aged swimmers wanting a more challenging practice to improve their skills more rapidly. These swimmers are prepared to begin move advanced training methods. Meet participation is required, with 1-3 meets a year being out of town.	7:15 to 8:30pm	7:15 to 8:30pm	7:15 to 8:30pm	7:15 to 8:30pm		9:30 to 11:00am	\$305 per month
Age Group I	For advance young age group swimmers who have developed, but still can improve upon on proper stroke, starts and turn techniques. Conditioning techniques are introduced. Meet participation is required, with 1-3 meets a year being out of town.	6:15 to 7:15pm		6:15 to 7:15pm		6:15 to 7:15pm	11:00 to 12:00pm	\$279 per month
Age Group II			6:15 to 7:15pm		6:15 to 7:15pm	6:15 to 7:15pm	11:00 to 12:00pm	\$279 per month
Blue	For middle school age swimmers who are comfortable with the four competitive strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is recommended.					7:15 to 8:00pm	12:00 to 12:45pm	\$186 per month
Blue Saturday							12:00 to 12:45pm	\$79 per month
Blue AM			6:45 to 7:30AM	6:45 to 7:30AM	6:45 to 7:30AM			
White 1	For swimmers who are comfortable with the four competitive strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is highly recommended with swimmers being invited to select local USA Swimming meets.	4:15 to 5:00pm		4:15 to 5:00pm		4:15 to 5:00pm		\$179 per month
White 2			4:15 to 5:00pm		4:15 to 5:00pm	4:15 to 5:00pm		
White 3							5:30 to 6:15pm	
Red 1	Designed to start elementary age swimmers into the sport of swimming. Focuses on basic swimming techniques in a rewarding environment. SwimAtlanta Splash meet participation is encouraged.	3:45 to 4:15pm		3:45 to 4:15pm		3:45 to 4:15pm		\$121 per month
Red 2			3:45 to 4:15pm		3:45 to 4:15pm	3:45 to 4:15pm		
Red 3							5:00 to 5:30pm	