

SWIMATLANTA SUGARLOAF PRACTICE SCHEDULE for FALL 2020 - SPRING 2021 Fall Practice begins on Monday, August 31st

TRYOUTS AND TEAM PLACEMENTS ARE DONE ON AN INDIVIDUAL BASIS. For new swimmer group placement, please call 678-442-7946 or scot@swimatlanta.com.

After being evaluated, swimmers will complete the online Team Registration process and submit payment for the \$199 registration fee: www.swimatlanta.com/sugarloaf

SWIM TEAMS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Fees
SELECT – designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving national level status. <i>Coach Chris</i>	2:45-4:45 PM	5:00-6:30 AM	2:45-4:45 PM	5:00-6:30 AM	2:45-4:45 PM	7:00-9:00 AM	9 monthly installments of \$309 from Sept.-May covers 12 months of swimming
PRE-SELECT - designed for swimmers who have achieved a high level of proficiency and is willing to show commitment in attendance, dedication, and striving to compete at the next level. <i>Coach Jordan</i>	5:00-6:30 AM	2:45-4:45 PM	5:00-6:30 AM	2:45-4:45 PM	2:45-4:45 PM	7:00-9:00 AM	9 monthly installments of \$309 from Sept.-May covers 12 months of swimming
SENIOR I – designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices. <i>Coach Scot</i>	5:00-6:30 AM	5:00- 6:45 PM	5:00- 7:00 PM	5:00-6:45 PM	4:45-6:45 PM	7:00-9:00 AM	9 monthly installments of \$285 from Sept.-May covers 12 months of swimming
SENIOR – provides the opportunity for more advanced age group or older swimmers to move up to senior level swimming. <i>Coach Scot</i>	2:45-4:15 PM	2:45-4:15 PM	2:45-4:15 PM	2:45-4:15 PM		9:00-10:30 AM	9 monthly installments of \$252 from Sept.-May covers 12 months of swimming
PRE-SENIOR – provides the opportunity for middle school students to get ready for the senior level. <i>Coach Scot</i>	5:00-6:30 PM	6:45-8:15 PM	5:00-6:30 PM	6:45-8:15 PM		9:00-10:30 AM	9 monthly installments of \$252 from Sept.-May covers 12 months of swimming
AGE GROUP – provides the committed and motivated young swimmers an opportunity to practice more and improve more rapidly. <i>Coach Chris Jr.</i>	5:00-7:00 PM	5:00-6:45 PM	6:30-8:00 AM	5:00-6:45 PM	4:45-6:45 PM	9:00-11:00 AM	9 monthly installments of \$265 from Sept.-May covers 12 months of swimming
DIAMOND – provides seriously committed young swimmers an opportunity to practice and improve more rapidly. <i>Coach Jordan</i>	6:45-8:15 PM	6:30-8:00 AM	6:45-8:15 PM		6:45-8:15 PM	10:30 AM- 12:00 PM	9 monthly installments of \$254 from Sept.-May covers 12 months of swimming
GOLD – offers more 12-14 year old swimmers an opportunity to improve stroke and turn techniques. <i>Coach Caleb</i>		6:45-8:15 PM	6:45-8:15 PM	6:45-8:15 PM		11:00 AM- 12:30 PM	9 monthly installments of \$252 from Sept.-May covers 12 months of swimming
SILVER – offers more advanced young swimmers an opportunity to improve stroke and turn techniques. <i>Coach Kyra</i>	7:00-8:15 PM		7:00-8:15 PM		7:00-8:15 PM	11:00 AM - 12:15 PM	9 monthly installments of \$201 from Sept.-May covers 12 months of swimming
BRONZE – an intermediate level practice group that introduces swimmers to conditioning techniques. <i>Coach Caleb/Kyra</i>		7:00- 8:15PM		7:00- 8:15PM	7:00- 8:15PM	11:00 AM- 12:15 PM	9 monthly installments of \$183 from Sept.-May covers 12 months of swimming
BLUE – a beginning level practice group that emphasizes stroke and turn techniques. <i>Coach Caleb/Kyra</i>	4:15-5:00 PM	4:15-5:00 PM	4:15-5:00 PM	4:15-5:00 PM		12:15-1:00 PM	9 monthly installments of \$143 from Sept.-May covers 12 months of swimming
RED – designed to start young swimmers into the sport of swimming. <i>Coach Caleb/Kyra</i>	4:15-5:00 PM	4:15-5:00 PM	4:15-5:00 PM	4:15-5:00 PM		12:15-1:00 PM	9 monthly installments of \$109 from Sept.-May covers 12 months of swimming
HOMESCHOOL SWIM TEAMS <small>*Saturday Home School practices are combined with our regular swim team</small>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday*	Fees
PLATINUM – provides advanced and seriously committed swimmers an opportunity to improve more rapidly. <i>Coach Jordan</i>	1:30- 2:45 PM		1:30- 2:45 PM		1:30- 2:45 PM	TBA	9 monthly installments of \$109 from Sept.-May covers 12 months of swimming
WHITE II – an intermediate level that improves stroke and turn techniques as well as introduces swimmers to conditioning techniques. <i>Coach Jordan</i>	1:30- 2:30 PM		1:30- 2:30 PM		1:30- 2:30 PM	TBA	9 monthly installments of \$94 from Sept.-May covers 12 months of swimming
WHITE I – a beginning level designed to start young swimmers into the sport of swimming, emphasizing stroke and turn techniques. <i>Coach Jordan</i>	1:30- 2:15 PM		1:30- 2:15 PM		1:30- 2:15 PM	TBA	9 monthly installments of \$82 from Sept.-May covers 12 months of swimming
MASTERS SWIM TEAM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Fees
MASTERS - Adult swim team with organized practices led by a coach. <i>Afternoon Practices only - Coach Scot</i>	12:00-1:00 PM	12:00-1:00 PM	12:00-1:00 PM	12:00-1:00 PM	12:00-1:00 PM		\$77 per month for 11 months (no August billing)