

SwimAtlanta Hamilton Mill Fall 2020 Schedule

Starts Mon Aug 17*

Ends TBD

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Monthly Tuition (9 monthly installments)
Senior -Designed for committed and highly motivated swimmer, in hopes of achieving regionals and state level time standards. Meet participation is mandatory. Snorkel and paddles are required. Coach Erin	2:45-4:30pm	2:45-4:30pm	2:45-4:30pm	2:45-4:30pm	2:45-4:15pm	10:30am-12pm	\$243
Pre-Senior - Provides the opportunity for middle school swimmers to master stroke techniques, and learn advanced training methods for high school and senior levels. Paddles and snorkel are required. Coach Tyler Godwin	7:30-9pm		7:30-9pm		2:45-4:15pm OR 6-7:30pm	10:30am-12pm	\$213
Age Group - An advanced opportunity for highly committed and motivated age group swimmers to focus on conditioning and training consistently, refining technique remains priority while strengthening understanding of training methods. Paddles and snorkel are required. Coach Erin		5:15-6:30pm	5-6:30pm	5:15-6:30pm		8-9:30am	\$202
Junior Select - Provides the opportunity for committed and motivated age group swimmers to master stroke technique and learn basic training methods. Paddles and snorkel required. Coach Erin & Coach Tyler Godwin	5:15-6:30pm	6:30-7:45pm		6:30-7:45pm		8-9:30am	\$196
Junior - Offers more advanced young swimmers the opportunity to learn advanced training methods and still focus on improving technique in all aspects of the sport. Snorkel required Coach Tyler Godwin		7:45-9pm		7:45-9pm	7:30-8:45pm	12:15-1:30pm	\$191
Bronze -An intermediate level practice group that introduces swimmers to conditioning methods, with a large focus on improving technique in all aspects of the sport. Snorkels required. Coach Tyler Godwin	6:30-7:30pm		6:30-7:30pm		5-6pm	1:30-2:30pm	\$153
Blue - A beginning practice level group that focuses mainly on improving techniques in all aspects of the sport. Snorkel required. Coach Amy, Coach Erin & Coach Michael Casteel	4:30-5:15pm	4:30-5:15pm		4:30-5:15pm		9:30-10:15am	\$131
Red - Designed to introduce beginner level swimmers to the sport of competitive swimming. Must be 7 years or older, and legal in all 4	4:30-5:15pm	4:30-5:15pm		4:30-5:15pm			\$116

competitive strokes. Snorkel required. Coach Amy, Coach Erin, & Coach Michael Casteel							
Pre Senior AM- Provides the opportunity for middle school swimmers to master stroke techniques, and learn advanced training methods for high school and senior levels. Paddles and snorkel are required. Coach Amy		6:45-8:15am	6:45-8:15am	6:45-8:15am	6:45-8:15am		\$213
Age Group AM- Offers more advanced young swimmers the opportunity to learn advanced training methods and still focus on improving technique in all aspects of the sport. Paddles and snorkel required.		6:45-8:00am	6:45-8:15am	6:45-8:00am	6:45-8:15am		\$202
Masters- Will receive 4 written workouts per week. Will NOT have any coached practices or designated practice times. Billed in 11 monthly instalments. Sept - July.	5:15-6:30am or Lap Swim	Lap Swim	5:15-6:30am or Lap Swim	Lap Swim	5:15-6:30am or Lap Swim	5:15-6:30am or Lap Swim	\$30

*Subject to change