

# SwimAtlanta - Johns Creek

## 2019 Summer Practice Schedule

**Summer Practice Schedule begins Saturday, May 25 and ends Thursday, July 25**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Senior Select</b>	7:00-9:00am (JC) 1:30-3:30pm (JC)	5:45-7:45am (AAC)	5:45-7:45am (AAC) 1:30-3:30pm (JC)	5:45-7:45am (AAC)	6:00-8:00am (AAC)	6:00-8:00am (AAC)
<b>Senior Prep</b>	5:45-7:45am (AAC) 3:00-5:00pm (SL)	7:00-9:00am (JC)	7:00-9:00am (JC)	7:00-9:00am (JC)	9:30-11:30am (CAC)	10:00-12:00pm (CAC)
<b>Advance Age Group (AAG)</b>	9:00-10:30am (JC) 3:00-5:00pm (SL)	7:00-9:00am (JC)	7:00-9:00am (JC)	7:00-9:00am (JC)	9:30-11:30am (CAC)	10:00-12:00pm (CAC)
<b>Age Group</b>	6:00-7:15pm (JC)	6:00-7:15pm (JC)	6:00-7:15pm (JC)	No Practice	9:00-10:15am (JC)	9:00-10:15am (JC)
<b>Senior 2</b>	6:00-7:15pm (JC)	6:00-7:15pm (JC)	6:00-7:15pm (JC)	No Practice	No Practice	9:00-10:15am (JC)
<b>Diamond</b>	4:15-5:15pm (JC)	4:15-5:15pm (JC)	4:15-5:15pm (JC)	No Practice	10:15-11:15am (JC)	10:15-11:15am (JC)
<b>Gold</b>	4:15-5:15pm (JC)	4:15-5:15pm (JC)	4:15-5:15pm (JC)	No Practice	10:15-11:15am (JC)	10:15-11:15am (JC)
<b>Bronze</b>	5:15-6:00pm (JC)	5:15-6:00pm (JC)	5:15-6:00pm (JC)	No Practice	11:15-12:15pm (JC)	No Practice
<b>Silver</b>	3:30-4:15pm (JC)	3:30-4:15pm (JC)	3:30-4:15pm (JC)	No Practice	12:15-1:00pm (JC)	No Practice
<b>Red</b>	3:30-4:15pm (JC)	3:30-4:15pm (JC)	3:30-4:15pm (JC)	No Practice	12:15-1:00pm (JC)	No Practice

**JC** = SWAT Johns Creek / **AAC** = Atlanta Athletic Club / **SL** = SWAT Sugarloaf / **CAC** = Cumming Aquatic Center

- **No practice for all groups May 27 and July 4**
- Home School see Coach Jeff for correct practice group