

Meet Warm Up Schedule

- **Friday, Saturday, Sunday Prelims:**
 - 7:30-8:10am Open
 - 8:10-8:40am Controlled
 - Lanes 0,9 Pace / Lanes 1,2,8 One Way Starts
 - Meet Starts at 8:45pm
- **Friday 10&Under / JS (Events 101-121):**
 - 1:30-1:55pm Open
 - 1:55-2:10pm Controlled
 - Lanes 0,9 Pace / Lanes 1,2,7,8 One Way Starts
 - Meet Starts at 2:15pm
- **Saturday & Sunday 10&under / JS (Events 123-176):**
 - 1:00-1:25pm Open
 - 1:25-1:40pm Controlled
 - Lanes 0,9 Pace / Lanes 1,2,7,8 One Way Starts
 - Meet Starts at 1:45pm
- **Friday, Saturday, Sunday Finals:**
 - 5:00-5:30pm Open
 - 5:30-5:50pm Controlled
 - Lanes 0,9 Pace / Lanes 1,2,8 One Way Starts
 - Meet Starts at 6:00pm

