

Meet Warm Up Schedule (Events 101-186)

Friday, Saturday, & Sunday

Open: 5:00-5:30pm

Controlled: 5:30-5:50pm

Lanes 0 & 9 Pace

Lanes 1 & 7, 8 One Way Starts

Meet Start: 6:00pm

Saturday & Sunday

Open: 1:00-1:30pm

Controlled: 1:30-1:40pm Lanes 0,1,8,9 One Way Start

Meet Start: 1:45pm

