



Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

2023 Georgia Short Course Senior State Championships Hosted by SwimAtlanta <i>Hereafter known as “Host Club.”</i> December 1-3 2023	
SANCTION: ATTESTATION:	Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: GA23-125/STT <ul style="list-style-type: none"> ● Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. ● In applying for this sanctioned event, the “Host Club” agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and “Host Club,” shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.
MAAPP: Minor Athlete Abuse Prevention Policy	This meet will adhere to the current Minor Athlete Abuse Prevention Policy (“MAAPP) set forth by USA Swimming. <ul style="list-style-type: none"> ● All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. ● A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”). ● All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. ● All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP. ● As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.
ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE	Effective September 1, 2022 , there will NO longer be a 30-day administrative grace period. Going forward, ANY 17-year-old athlete who has not completed the APT requirements by their 18 th birthday WILL NOT be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18 th birthday as well as a reminder on their 18 th birthday. ALL USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual’s responsibility and includes both athlete and non-athlete members.
REPORT DISCRIMINATION:	The Georgia LSC believes that there is no place for discrimination in the sport of swimming. If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming’s Associate: Michelle Steinfeld, msteinfeld@usaswimming.org . Please provide a complete description of the incident as well as a way to contact you and/or other parties involved. For more information refer to gaswimming.org/diversity . Starting on September 1, 2022, USA Swimming members can submit anonymously or on the record through plain text messaging at 888-270-SWIM (7946).

D, E, & I = Reference / Informational Section	Georgia Swimming LSC: D, E, & I (teamunify.com)																														
Swimmers with a Disability:	<p>All swimmers with a disability (swads) must meet the LSC Parallel Time Standards in every event they wish to participate in the meet.</p> <p>Coaches with swimmers with a disability (swads) competing must notify the Entry Chair with their entry and the Meet Referee prior to the meet, at the time of entry of any accommodations or modifications needed.</p> <p>Coaches may use the Necessary Accommodation Form to satisfy this requirement. (attached)</p> <p>Swimmers with a disability (swads) achieving a PARA Sectional time will qualify to swim in one of three mixed PARA heats at Finals to be swum at the beginning of the session, after the 2nd event and after the last individual event.</p> <p>Seeding for all swad events will be determined by the administrative referee and may be done in longer events with comparable times.</p>																														
MEET DIRECTOR:	Wil Bayer (404-545-1323) & Chris Davis Jr. (404-421-1771)																														
MEET REFEREE:	Eric B. Pingel – epingel.usaswimming@gmail.com																														
ADMIN REFEREE:	Clarice Wasmuth																														
STARTER:	Nancy Harmon																														
STROKE & TURN #1:	Will Heffner																														
STROKE & TURN #2:	Jason Frankel																														
ADMIN OFFICIAL:	Cheryl Loprinzo – meetentry@gaswim.org																														
MARSHALL #1: - MALE	Chris Davis Jr																														
MARSHALL #2: - FEMALE	Amanda Weir																														
FACILITY:	<p>Georgia Tech Aquatic Center 750 Ferst Drive NW Atlanta, 30332 404-385-7529</p> <p>The meet will take place in the Georgia Tech Natatorium, a 25Y x 10 lane competition pool. The pool depth at the start and turn end is nine feet. An eight lane 25 yd warm-up/down pool will be available throughout the course of the meet. An Omega timing system and scoreboard will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming. The pool depth at the start ends equals 9.5 ft. and turn end depth equals 9.5 ft.</p>																														
MEDICAL SUPERVISION:	Lifeguards, AED Device, and Certified Athletic Trainer will be on site at all sessions.																														
SCHEDULE:	<table> <tr> <td>Session 1</td> <td>Prelims</td> <td>Friday, December 1</td> <td>Warmup: 8:30 am</td> <td>Start: 9:45 am</td> </tr> <tr> <td>Session 3</td> <td>Prelims</td> <td>Saturday, December 2</td> <td>Warmup: 8:30 am</td> <td>Start: 9:45 am</td> </tr> <tr> <td>Session 5</td> <td>Prelims</td> <td>Sunday, December 3</td> <td>Warmup: 8:30 am</td> <td>Start: 9:45 am</td> </tr> <tr> <td>Session 2</td> <td>Finals</td> <td>Friday, December 1</td> <td>Warmup: 5:00 pm</td> <td>Start: 6:00 pm</td> </tr> <tr> <td>Session 4</td> <td>Finals</td> <td>Saturday, December 2</td> <td>Warmup: 5:00 pm</td> <td>Start: 6:00 pm</td> </tr> <tr> <td>Session 6</td> <td>Finals</td> <td>Sunday, December 3</td> <td>Warmup: 5:00 pm</td> <td>Start: 6:00 pm</td> </tr> </table>	Session 1	Prelims	Friday, December 1	Warmup: 8:30 am	Start: 9:45 am	Session 3	Prelims	Saturday, December 2	Warmup: 8:30 am	Start: 9:45 am	Session 5	Prelims	Sunday, December 3	Warmup: 8:30 am	Start: 9:45 am	Session 2	Finals	Friday, December 1	Warmup: 5:00 pm	Start: 6:00 pm	Session 4	Finals	Saturday, December 2	Warmup: 5:00 pm	Start: 6:00 pm	Session 6	Finals	Sunday, December 3	Warmup: 5:00 pm	Start: 6:00 pm
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MEET FORMAT:

- All individual events will be conducted on a Preliminary and Final basis with the exception of the 1000/1650 Freestyle, which will be conducted as a timed final event.
- The 1000 and 1650 freestyle will both be offered. Swimmers can choose to enter either one but not both. Heats will be swum fastest to slowest alternating heats of women and men. All heats will be conducted at the end of Sunday's Prelims. Two courses will be used – one for the 1650, and one for the 1000 (Note: if one event is completed well before the other then two courses may be used to complete the unfinished event). Swimmers must provide their own counter and timer.
**Note – Positive check-in deadline for the 1000 and 1650 Freestyle is 7 pm on Saturday.*
- The 400 IM and 500 Freestyle preliminary heats will be seeded as follows: fastest two heats, circle seeded followed by remaining heats all swum fastest to slowest. Two courses will be used – one for women and one for men. **Note – Positive check—in deadline is 9:30 am for the 400 IM and 500 free.*
- There may be a 10-minute break in prelims each day before the start of that day's distance event (400 IM, 500 Free, 1000/1650 Free).
- Championship, Consolation, and two Bonus heats (four heats in all) will be swum in all prelim/final events except the 400 IM and 500 free. Three heats will be swum in those events. Ten lanes will be used for all finals heats.
- The order of the final's heats will be D-C-B-A. (C-B-A for 400 IM, 500 free)
- **Note – Those swimmers named as First and Second Alternate in each prelim/final event must stand by the starter at the beginning of the event for which they are named if they wish to swim. Alternates will be placed in ANY vacant lane and swim exhibition.*

Relay Events

- All Relays will be conducted as Timed Final events.
- Each team is limited to two entries of each gender for all 200 and 400 relays, and one entry per gender for the 800 free relay.
- All 200 Free and 200 Medley Relays will be swum at the beginning of the Prelims sessions on Friday and Saturday, respectively. These events will be pre- seeded, and there is no positive check-in required.
- All 800 Free relays will be swum at the end of the Finals on Friday. Positive check-in required by 5:30 pm on Friday.
- The 400 Freestyle relays will be swum at the end of the Finals session on Saturday. Positive check-in required by 5:30 pm on Saturday.
- The 400 Medley relays will be swum at the end of the preliminary events on Sunday (prior to the distance events). Positive check-in required by 9:30 am on Sunday.
- Relay cards for any teams not having already designated the 4 swimmers in the original entry (or changed thereafter) must be submitted by the end of warm-up for the session in which they are contested.

In order to maintain a reasonable timeline and to regulate the continuity of the meet the Meet Director, in consultation with the **Meet Management Committee** (Meet Director, Senior Committee Chair, Meet Referee and Coach) reserves the right to make the final decisions on the following: Diver over starts; rest breaks; scheduling of Time Trial; other issues that affect the management, versus the conduct, of the meet.

SEEDING:	<p>All events will be seeded slow to fast except 800 Free relay which will be fast to slow and the distance individual events (400 up) which have specific seeding formats (above in “Meet Format” section.)</p> <p>All events will be pre-seeded, with the exception of the 400 IM, 500 Free, 1000/1650 Free, 400 Medley Relay, 400 Free Relay, and 800 Free Relay. These events will require a positive check-in at the Clerk of Course according to the times shown under “Check-in.”</p> <p>Any swimmers entered with “SCM,” or “LCM” qualifying time will be seeded below all swimmers with qualifying SCY times (YSL order). Bonus times will be seeded below qualified times in the same order.</p> <p>Any swimmer entering the 1000 or 1650 Free based on their qualifying time in the other distance should be entered at the SCY time standard.</p>
TIME TRIALS:	<p>Time Trials will be offered to those swimmers making an attempt to achieve sectional or above qualifying times. \$24 per ind. Event, \$48 per relay event.</p> <p>Swimmers must be entered in the meet in at least one individual event.</p> <p>Swimmers will be limited to no more than three-time trials for the meet, and each time trial will count against the three individual event limit per day for the day it is swum.</p> <p>Time Trial events may be combined.</p> <p>Swimmers intending to time trial after prelims must register with the Clerk of Course no later than 11 am each day. Swimmers wishing to time trial after any final’s session should see the referee before the end of the affected finals session. All fees must be paid when the intention is filed. The cost is \$24 per time trial.</p> <p>Time Trials will be scheduled and conducted following the prelims each day and/or other convenient times as determined by the meet committee and shall be swum in the order listed under the meet program as follows:</p> <ul style="list-style-type: none"> ○ Friday: Friday Events/Saturday Events/Sunday Events ○ Saturday: Saturday Events/Sunday Events/Friday Events ○ Sunday: Sunday Events/Friday Events/Saturday Events <p>Time Trial check-in closes at 11am. Additions after deadline are at the discretion of the Meet Director</p>
SCRATCH PROCEDURE:	<ul style="list-style-type: none"> ● Swimmers may scratch from an event in which they are entered by following the procedures set forth in the meet announcement. ● The scratch deadline for the first day’s events shall be Thursday, November 30th at 6:30 pm. The scratch deadline for all subsequent day’s events shall be thirty (30) minutes after the time established for the start of the Finals. ● Any athlete that misses their preliminary event will be barred from swimming their next individual event that day. The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. ● In all events where preliminary heats are necessary or in any timed final event for which the swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched in will be barred from their next event that day. The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. <p>Scratching from Finals:</p> <p>(1) Any swimmer qualifying for a bonus, consolation, or championship Final in an individual event who fails to compete in said final shall be barred from further competition for the</p>

remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3E or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.

- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the bonus, consolation, or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the Finals.
- (3) Where bonus and consolation Finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the bonus, consolation, and championship final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the bonus and consolation Finals have already been contested, the championship Final shall be swum with an available alternate, (Exhibition)

E Exceptions for failure to compete — No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a bonus, consolation or championship Final based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

ENTRY FEES:	<ul style="list-style-type: none"> ● Individual Event Entry Fee: \$12.00 ● Late Entry Fee: \$24.00 (only swimmers already entered in events that session) ● Time Trial Fee: \$24.00 (attempting Futures cut or faster) ● Relay Entry Fee: \$24.00 ● Relay Late Entry Fee: \$48.00 ● Swimmer Facility Surcharge: \$21.00 ● Travel Fund Surcharge \$3
ELIGIBILITY:	<p>Open to all swimmers registered with Georgia Swimming who have achieved the required qualifying time standard for an event since June 1, 2022 (see “Qualifying times” at end of meet information. Swimmers who have achieved the 1650 Free qualifying standard may enter the 1000 free and vice versa.</p> <p>No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. On-deck athlete registrations will not be accepted during the meet.</p>
ENTRIES:	<p>Swimmers will be limited to competing in three (3) individual events per day plus relays. Any swimmer who competes in more than their daily limit will be disqualified from the last event(s) of that day.</p> <p>Swimmers who have qualified for an event in the meet may swim three (3) bonus events in any 50, 100 or 200y event in addition to their qualified events. Bonus events count towards the daily event limit and must be designated as such on the entry. 50s of back, breast and fly can only be swum as bonus events. ALL BONUS SWIMS MUST BE DESIGNATED IN THE HEAT SHEET. All swims not designated as bonus in the heat sheet will be treated as regular swims for the purpose of proof of times. If you are using software that does not transfer the “Bonus” designation (e.g., Team Unify) you will have to send in a list of all bonus swims with your entry.</p> <p>Each team will be limited to two (2) relay team entries per event, except for the 800 Free Relays which will be limited to one entry per team.</p> <p>Time trial events will count against the swimmers’ total entries.</p>
LATE ENTRIES:	<p>On-site late entries will be permitted only if open lanes are available and will be seeded with the Qualifying Time for that event. No additional heats will be created. In deck-seeded events the original entries will be seeded, and late entries placed in empty lanes resulting from that seeding. Late entry fees will be doubled for individual and relay events. <u>Coaches late entering swimmers on site who were not previously entered and cleared by the registration chair must have proof of USAS registration for each late entering swimmer.</u> Late entries will be accepted up until 30 minutes prior to the start of the affected session.</p>
PROOF OF TIMES:	<p>Swimmers who enter this state championship meet must have achieved a time equal to or faster than the qualifying standard for each event entered since June 1st, 2022 through December 1, 2023. The final results for each event will be reviewed by the designated Representative appointed by the LSC Chair to determine each swimmer’s eligibility for this meet. If a swimmer fails to achieve the qualifying standard at this meet and cannot prove that he/she achieved the qualifying standard before the entry deadline, then Georgia Swimming, Inc. will invoke a fine of \$50.00 against the team of said swimmer, or against the swimmer if unattached, for each non-qualifying time, INCLUDING ANY BONUS SWIMS based on that swim. Failure to pay as prescribed by Georgia Swimming Rules and Regulations 7.2, Inc. will result in the barring of said team/individual from participating in any meets until such time as the fine is paid in full. Make checks payable to “Georgia Swimming.” Proof of times is not required for relays.</p>
CHECK IN: CLERK of COURSE:	<p>In order to be seeded into the deck-seeded events, swimmers and relay teams must check-in with the Clerk of Course by the times shown below.</p> <ul style="list-style-type: none"> • 9:30 am - 400 IM (Fri), 500 free (Sat), and 400 Medley Relay (Sun) and all late entries. • 7:00 pm Saturday for the 1000/1650. • 11:00 am for time trials held after prelims. See meet referee with requests for time trials after finals. • 5:30 pm for the 800 Free Relay (Fri) and 400 Free Relay (Sat)

<p>ENTRY SUBMISSION:</p>	<p>Friday, November 24 at 6:00 pm.</p> <p>Swimmers entered in the meet that are only competing as members of relay teams must be entered with all other participants for the purpose of verifying USA Swimming registration. Their names and USA Swimming registration numbers should be submitted on the hard copy as relay-only swimmers.</p> <p>A completed and signed 'Entry Summary and Liability Release Form' and a signed copy of the entries must be received before the entries are considered complete. Swimmers and Teams cannot participate until their entries are complete.</p> <p>Email entries should include an attachment representing the Hy-Tek Entry File; an attachment in Word or PDF format of those same Hy-Tek entries.</p> <p>Submit Email entries to Cheryl Loprinzo: (meetentry@gaswim.org)</p> <p>Checks/waivers and hard copies of meet entries should be mailed to:</p> <p>SwimAtlanta – Megan Davis 2023 Senior State Championships 5059 Post Road Cumming, GA 30040</p> <p>*Please sign signature waiver for all overnight deliveries.</p>
<p>RULES:</p>	<p>Current USA Swimming Rules will govern this meet.</p> <p><u>Tech Suit Restrictions for 12-and-Under Swimmers</u> (Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)</p> <p>This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>Deck changing is prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On-deck registrations will not be permitted during this event.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.</p> <p>All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other World Aquatics-member organizations. All meet directors for meets sanctioned by USA</p>

	<p>Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers participating under the provisions of 202.9 or USA Swimming’s “open border” policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.</p>
USA SWIMMING MEMBER VERIFICATION:	<p>As of September 2022, Deck Pass and Deck Pass Plus are no longer available. To access USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.</p>
COACHES: COACHES MEETING:	<p>Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC.</p> <p>A meeting for coaches will be announced after entries are received. The meeting may take place via Zoom prior to the meet. An in-person coaches meeting may occur Friday, December 1ST at 8:15am for in-person discussion for those requiring clarification.</p>
OFFICIALS:	<p>SA welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official’s meeting sixty minutes prior to the start of each session. The official’s uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and shoes. All officials must present at check-in their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality. Officials or apprentices requesting certain positions may contact the Meet Referee as early as possible prior to the meet.</p> <p>Starter apprenticeships WILL NOT be offered at this meet.</p> <p>FINALS: Official’s uniform will consist of a white collared polo shirt, navy long pants or skirts, white shoes/socks.</p> <p>This meet will be designated as an Officials Qualifying Meet (OQM) for officials seeking N2/N3 certifications or re-certifications. Officials who desire and are eligible to be evaluated for advancement or re-certification should indicate such in the application to officiate or alert the meet referee at the venue.</p> <p>The application to officiate can be found: https://docs.google.com/forms/d/e/1FAIpQLSf1nnqSiHP0uQ2zMGF8et4LBSLu0X_2L8muo06ZGuhnrNWrOw/viewform</p> <p>Applications for an assigned position must be received by November 13, 2023. Deck officials are always welcome, simply fill-out the online application or please contact the Meet Referee:</p>
MEET COMMITTEE / MEET JURY:	<p>The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary</p>

	(2023 USA Swimming Rulebook)
AWARDS:	<p>No individual awards will be given. The ten highest scoring teams will be recognized but no award will be given.</p> <p>Outstanding Swimmer Recognition – The male and female swimmer who scores the most individual points will be recognized as the “Outstanding Female Swimmer” and “Outstanding Male Swimmer”</p>
SCORING:	<ul style="list-style-type: none"> • Individual and Relay events will be scored in 20 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event. • Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 • Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2
CONCESSIONS:	H2O Cafe
GEORGIA WARM-UP POLICY:	The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.
MISC. INFORMATION:	www.swimatlanta.com

Order of Events

Women's	Friday	Men's
1	200 Free Relay (am)	2
3	200 Free	4
5	100 Breast	6
7	100 Fly	8
9	50 Back	10
11	400 IM*	12
13	800 Free Relay (pm)**	14
Saturday		
15	200 Medley Relay (am)	16
17	100 IM	18
19	200 Fly	20
21	50 Free	22
23	200 Breast	24
25	100 Back	26
27	500 Free*	28
29	400 Free Relay (pm) **	30
Sunday		
31	200 IM	32
33	50 Fly	34
35	200 Back	36
37	50 Breast	38
39	100 Free	40
41	400 Medley Relay (am)	42
43	1000 Free***	44
45	1650 Free***	46

*Preliminaries for the 400 IM and 500 Free will be run with the top two heats first, then the remaining heats run fastest to slowest. Two courses will be used – one for women and one for men.

** All 200 Free and 200 Medley Relays will be swum at the beginning of the Prelims sessions on Friday and Saturday, respectively. These events will be pre-seeded, and there is no positive check-in required.

** Each team is limited to two entries of each gender for all 200 and 400 relays, and one entry per gender for the 800 Free Relay.

** 400 Free Relays Check in by 5:30 PM (Sat), 400 Medley Relay Check in by 9:30 AM (Sun)

** 800 Free Relay Check in by 5:30 PM. (Fri)

***All heats of the 1000/1650 Free will be swum during prelims fastest to slowest.

Two courses will be used – one for the 1650 and one for the 1000. **Positive check-in deadline for the 1000 and 1650 Freestyle is 7 PM on Saturday.**

Note: There may be a 10-minute break each day during prelims before the start of that day's distance event (400 IM, 500 Free, 1000/1650 Free)

2023 Senior Winter State Qualifying Times

Women				Men		
SCY	SCM	LCM	Events	SCY	SCM	LCM
00:25.89	00:28.39	00:29.19	50 Free	00:23.19	00:25.39	00:26.19
00:56.09	01:01.79	01:03.39	100 Free	00:50.69	00:54.79	00:56.39
02:00.09	02:12.79	02:15.99	200 Free	01:49.49	02:01.49	02:04.69
05:24.99	04:47.19	04:52.89	400/500 Free	05:03.79	04:25.89	04:34.29
11:21.99	09:56.09	10:08.89	800/100 Free	10:29.49	09:10.89	09:30.29
18:57.99	18:51.19	19:29.59	1500/1650 Free	17:31.99	17:25.89	18:09.39
			50 Back			
01:02.69	01:10.79	01:11.99	100 Back	00:57.69	01:04.59	01:05.79
02:13.99	02:32.09	02:34.49	200 Back	02:04.49	02:21.59	02:23.99
			50 Breast			
01:13.89	01:21.29	01:25.29	100 Breast	01:03.99	01:10.69	01:14.59
02:37.99	02:54.29	03:00.99	200 Breast	02:24.19	02:41.79	02:45.79
			50 Fly			
01:02.09	01:07.79	01:09.19	100 Fly	00:55.39	01:00.99	01:02.39
02:22.59	02:35.79	02:38.59	200 Fly	02:05.19	02:20.29	02:23.09
01:04.99	01:12.19		100 IM	00:57.99	01:04.99	
02:16.79	02:32.89	02:36.09	200 IM	02:05.39	02:18.99	02:22.19
04:53.69	05:24.59	05:35.09	400 IM	04:30.29	04:58.69	05:07.29

Para 1 Georgia Senior State Qualifying Times					
P1 - non-ambulatory (wheelchair bound): limited use of all four extremities	GIRLS		P1	BOYS	
	15 & O P1			15 & O P1	
	SCY	LCM		SCY	LCM
	1:24.89	1:24.89	50 FR	1:18.29	1:18.29
	2:58.09	2:58.09	100 FR	2:56.69	2:56.69
	7:06.49	7:06.49	200 FR	4:50.90	4:50.89
	1:40.39	1:40.39	50 BK	1:05.39	1:05.39
	3:04.59	3:04.59	100 BK	2:22.69	2:22.69
	1:32.99	1:32.99	50 BR	1:10.59	1:10.59
	4:25.19	4:25.19	100 BR	3:24.89	3:24.89
	2:29.49	2:29.49	50 FL	2:12.39	2:12.39
	6:10.49	6:10.49	150 IM	5:54.59	5:54.59
Para 2 Georgia Senior State Qualifying Times					
P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning	15 & O P2		P2	15 & O P2	
	46.19	48.59	50 FR	42.59	44.79
	1:42.79	1:48.19	100 FR	1:33.79	1:38.79
	3:31.69	3:42.79	200 FR	3:18.49	3:28.89
	8:37.49	7:02.39	400/500 FR	8:20.79	6:48.79
	56.09	59.09	50 BK	48.09	50.69
	2:09.89	2:16.69	100 BK	2:00.39	2:06.79
	4:27.89	4:41.99	200 BK	3:46.09	3:57.99
	58.69	1:01.69	50 BR	54.49	57.39
	2:09.99	2:16.79	100 BR	2:00.89	2:07.19
	4:44.69	4:59.59	200 BR	4:20.89	4:34.59
	56.59	59.49	50 FL	43.99	46.39
	2:25.39	2:32.99	100 FL	2:18.09	2:25.39
	4:29.59	4:43.69	200 IM	4:06.19	4:19.09
	4:29.59	4:43.69	200 IM	4:06.19	4:19.09
Para 3 Georgia Senior State Qualifying Times					
P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.	15 & O P3		P3	15 & O P2	
	35.79	39.69	50 FR	31.39	34.79
	1:16.39	1:24.79	100 FR	1:08.09	1:15.69
	3:08.09	3:28.99	200 FR	2:35.79	2:53.09
	7:08.19	6:16.39	400/500 FR	6:43.49	5:54.69
	16:18.49	13:52.79	800/1000 FR	15:54.69	13:32.49
	29:37.99	27:46.39	1500/1650 FR	29:31.53	27:40.29
	43.39	48.19	50 BK	35.89	39.89
	1:31.49	1:41.59	100 BK	1:15.69	1:24.09
	3:39.59	4:03.89	200 BK	3:01.59	3:21.79
	46.09	51.19	50 BR	39.29	43.59
	1:37.19	1:47.99	100 BR	1:27.19	1:36.79
	3:53.29	4:19.19	200 BR	2:56.09	3:31.89
	39.19	43.49	50 FL	31.49	37.89
	1:22.59	1:31.69	100 FL	1:06.09	1:19.59
	3:18.09	3:40.09	200 FL	2:47.39	3:21.39
	3:19.39	3:34.79	200 IM	2:32.49	3:03.59
7:41.39	8:26.99	400 IM	6:40.09	7:13.39	

**2023 Georgia Short Course Senior State Championships
December 1- 3, 2023**

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Head Coach E-mail _____ Head Coach Cell _____

All coaches from your team must be listed and have valid USA Swimming credentials.

1st Coach _____ 2nd Coach _____

3rd Coach _____ 4th Coach _____

Individual Event Entry Fee:	\$12.00 x (number of athletes)	= _____
Relay Event Entry Fee:	\$24.00 x (number of athletes)	= _____
Time Trial Event Entry Fee:	\$24.00 x (number of athletes)	= _____
Athlete Facility Surcharge Fee:	\$21.00 x (number of athletes)	= _____
GA Swimming National Travel Fund	\$3.00 x (number of athletes)	= _____
TOTAL		= _____

Submit one check payable to: SwimAtlanta

Entries must be received on or before **ENTER DATE**

Email Hy-tek entry file [Cheryl Loprinzo: meetentry@gaswim.org](mailto:Cheryl.Loprinzo:meetentry@gaswim.org)

Mail hard copies of entries, check and waiver to:

SwimAtlanta – Megan Davis SENIOR STATE CHAMPIONSHIPS 5059 POST ROAD
CUMMING, GA 30040

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title

Date

