2023-2024 SwimAtlanta MT. BETHEL (COBB) Practice Schedule and Fees [Tuition is billed in 9 monthly installments] [See financial policy for details]

| Team (practice starts August 14th, 2022) | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Tuition |
|--|----------------------------|-------------------|------------------------------|-------------------|---------------------|----------------------|---------|
| Senior I: designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices. | 4:00-6:30pm 5 to 6:30am | 4:00-6:00pm | 4:00- 6:30pm 5 to 6:30am | 4:00- 6:00pm | 4:00-6:30pm | 7:00- 9:00am | \$339 |
| High School: consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity to participate in USS competition. | none | 5:00 6:30pm | none | 5:00 -6:30pm | none | 7:30- 9:00am | \$179 |
| Senior II: provides committed and motivated young swimmers an opportunity to practice more and improve more rapidly. | 5:00-6:30pm 5 to 6:30am | 4:30-6:30pm | 5:00pm-6:30pm 5 to 6:30am | 4:30- 6:30pm | 4:45pm- 6:30pm | 7:00- 9:00am | \$287 |
| Age Group Elite : offers more advanced young swimmers an opportunity to improve stroke and turn techniques and begin conditioning. | 6:00- 7:30pm | 6:00-8:00pm | 6:00-7:30pm | 6:00- 8:00pm | | 10:00am – 11:30am | \$257 |
| Silver: provides seriously committed young swimmers an opportunity to practice and achieve excellence. Pick 4 days per week. | 6:30pm- 7:30pm | 6:30pm- 7:45pm | 6:30pm-7:30pm | 6:30pm- 7:45pm | 3:45pm to 4:45pm | 10:00- 11:30am | \$216 |
| Bronze : is an intermediate level practice group that introduces swimmers to conditioning techniques. | 3:45- 4:45pm | none | 3:45- 4:45pm | none | 3:45-4:45pm | 9:00- 10:00am | \$198 |
| Blue: is a beginning level practice group that emphasizes stroke and turn techniques. | none | 3:30-4:30pm | none | 3:30- 4:30pm | none | 9:00- 10:00am | \$177 |
| Red : is designed to start young swimmers into the sport of swimming while allowing maximum flexibility for other activities. | 3:30- 4:15pm | none | 3:30- 4:15pm | none | none | 9:00- 10:00am | \$164 |
| Masters: Billed in 11 monthly instalments. Sept - July. * | 5:00am to 6:30am | | 5:00am to 6:30am | | 5:00am to 6:30am | none | \$57* |